

Health Services Internship Opportunities

MASTERS LEVEL PSYCHOLOGY INTERNSHIPS

This program offers unpaid internships to graduate students in masters programs of psychology. Internship placements can be arranged in various prison facilities across North Carolina with either male or female inmate populations in either the youth or adult commands. Most of these Internships involve working with an outpatient mental health team following a community mental health center model with the communities served being a large institution or a number of smaller prison units. However, there are also opportunities to intern in specialized programs for inmates with intellectual disabilities, with serious and persistent mental illness, and for those with sexual offenses. Some of these programs are based on an Inpatient or Residential model while others follow a Day treatment or partial hospitalization model.

[Masters Level Psychology Internship Brochure](#)

DOCTORAL LEVEL PSYCHOLOGY INTERNSHIPS

The North Carolina Division of Adult Correction (NC DAC) Pre-Doctoral Internship in Professional Psychology offers interns education, training, and preparation for the future practice of professional psychology. Our internship provides a platform for future work in substance abuse, trauma, severe mental illness, community mental health, and integrated healthcare settings. In addition, the NC DAC pre-doctoral internship experience provides a wealth of corrections-specific instruction for interns wishing to find permanent employment in a correctional setting. This goal is accomplished by providing interns with didactic seminars, supervision, and opportunities to achieve proficiency in consultation, assessment, and intervention and therapy with a diverse, under-served, disenfranchised, and frequently disadvantaged client population.

[Pre-Doctoral Internship in Professional Psychology Brochure](#)

For additional information about Masters and Doctoral Level Internships contact:

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North Carolina Department of Public Safety
Division of Adult Corrections

Masters Level Internships
in
Professional Psychology

GOALS

The North Carolina Department of Public Safety's Division of Adult Correction's primary goal is to promote public safety by the administration of a fair and humane system which provides reasonable opportunities for adjudicated offenders to develop progressively responsible behavior.

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MENTAL HEALTH SERVICES

The North Carolina DAC has the responsibility to deliver comprehensive mental health services which provide for the care and treatment of inmates with mental disorders. Treatment programs contain multi-disciplinary services designed to prevent, control, reduce or eliminate those conditions which contribute to the inmate's mental impairment. These services include, but are not limited to: (1) patient identification and diagnosis, (2) services for the acutely ill, (3) outpatient services, (4) residential services, (5) special programs for selected diagnostic categories, and (6) preventive services.

MASTERS LEVEL PSYCHOLOGY INTERNSHIPS

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All of the Internship sites are committed to helping the student acquire those generic clinical skills necessary to perform the duties of a Staff Psychologist in a health service setting. A written evaluation of the Intern's professional skills and personal abilities will be conducted midway through the Internship and a final evaluation will be conducted giving the Intern's strength and areas needing further improvement.

There are general characteristics of all the Internships regardless of the setting. The Internships start with a period of observation and familiarization with clinical/counseling work in a correctional setting. During this initial period, the Intern reads policy and procedure manuals and becomes familiar with the documentation required for mental health services. Concurrently, the Intern accompanies a psychologist and observes mental health evaluations, therapy sessions, crisis interventions, and group therapy. When the staff and the Intern both feel comfortable with additional independence, the Intern begins conducting mental health screenings and assumes an individual therapy case load while being observed by a psychologist supervisor.

All Interns are provided experience with conducting mental health screenings with a population that contains serious mental health disorders as well as personality disorders. The Intern will have the opportunity to interview and evaluate a sample of psychotic and affective disorders as well as various personality disorders. The Intern will have an opportunity to administer, under supervision, assessment instruments (like the WAIS-IV and MMPI-2). Training in projectives may be included in the Internship.

INTERNSHIP ELIGIBILITY

Internship eligibility requires that the student be currently enrolled in a masters program in psychology that meets the standards set forth by the North Carolina Psychology Practice Act ([21 NCAC54 .1802](#)) which outlines the minimum requirements:

- 1) The program shall be identified and labeled as a psychology program; such a program shall specify in institutional catalogues its intent to educate and train students to engage in the activities which constitute the practice of psychology as defined in G.S. 90-270.2(8).
- 2) The program shall maintain authority and primary responsibility for the core and specialty areas even if the program crosses administrative lines.
- 3) The program shall have an identifiable body of students in residence at the institution who are matriculated in that program for a degree.
- 4) There shall be an identifiable full-time psychology faculty in residence at the institution, sufficient in size and breadth to carry out its responsibilities, employed by and providing instruction at the home campus of the institution.
- 5) There shall be a psychologist responsible for the student's program either as the administrative head of the program, or as the advisor, major professor, or committee chair for the individual student's program.
- 6) The program shall be an integrated, organized sequence of study in psychology as demonstrated by an identifiable curriculum track or tracks wherein course sequences and course content are described in institutional catalogues, departmental handbooks, or other institutional publications.

- 7) The program shall encompass the equivalent of a minimum of one academic year of full-time graduate study in student residence at the institution from which the degree is granted. Residence requires interaction with psychology faculty and other matriculated psychology students at the institution. One year's residency is defined as 30 semester (45 quarter or 40 trimester) hours taken on a full-time or part-time basis at the institution.
- 8) The program shall include, as listed on the transcript, internship, externship, practicum, or other supervised field experience appropriate to the area of specialty and the practice of psychology, as defined in G.S. 90-270.2(8), which shall be referred to hereinafter as supervised training experience. This supervised training experience shall meet all of the following criteria:

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**North Carolina Department of Public Safety
Division of Adult Corrections**

Predoctoral Internship
in
Professional Psychology

Internship Year
8/17/15 - 8/16/16

Match Code: 214211

GOALS

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INTERNSHIP STRUCTURE

The Pre-Doctoral Internship Program consists of six full-time (2000 hour) internship positions. Interns have the opportunity to rotate sites over a 12-month period. Collectively, the sites offer a wide-range of generalist clinical experiences that form the foundation of a culturally-competent, ethical, professional psychologist. The internship program is directed by the Internship Core Committee. The Committee, in turn, is led by the Internship Training Director. The Committee meets regularly to conduct reviews of the internship program, attend to administrative matters, and organize and plan the didactic experiences and clinical rotations available in the program.

Built into every rotation is the opportunity to engage with staff in other healthcare disciplines including nursing, social work, physical therapy, primary care, and dental. The following activities take place at most every site: individual and group therapy, crisis intervention, assessments, and treatment planning. Each rotation/site provides a unique training experience in terms of offender population characteristics and overall facility layout. Interns will have opportunities to receive experience and training in the following areas, in conjunction with the site selected

- Outpatient services to males (adults and young adults) - Providing initial assessments of inmates entering the prison system along with assessments of inmate transfers are available. Psychological testing and collaborating in psychiatric assessment is also available. Specialized sex offender treatment and substance abuse treatment may be available depending upon the internship site chosen.
- Residential Mental Health – Residential services in the DOP are designed to be a program of activities designed to stabilize, assess and move seriously mentally ill inmates to their greatest level of independence. Participation on a multidisciplinary team

within the defined program is required. Residential services are offered at Central Prison in Raleigh, NC, and Maury CI in Maury, NC.

- Inpatient Mental Health – Inpatient services are provided in the Raleigh area at Central Prison for males and North Carolina Correctional Institute for Women. Crisis admissions, stabilization and transfer and long term management of the most seriously disturbed inmates are provided at this level of care. Participation in treatment teams is a key element.
- Specialized sex offender treatment – the SOAR program is housed at Harnett CI, near Raleigh and offers an intensive program of sex offender treatment to male inmates convicted of a sex offense.

SUPERVISION AND TRAINING

Interns will receive two hours of individual, face-to-face supervision per week from two different doctoral-level, licensed psychologists (one per week from each for a total of two hours). Each intern will be assigned a Training Supervisor chosen among the doctoral level staff associated with the training site selected who will monitor the site performance of the intern and arrange appropriate supervision. In addition, the intern will receive 2 additional hours of supervision and/or interactive training in a group setting with the other doctoral interns and clinical staff. Group supervision days will coincide with didactic seminars and other training events. Thus, as well as 2 hours of individual supervision, interns receive 2 hours of group time devoted to issues pertinent to the practice of psychotherapy, and didactic seminars. The individual supervision will be provided by at least two different psychologists across the internship year to broaden exposure to different supervision styles and content.

The intern's Training Supervisor is responsible for guiding the overall development of the intern by focusing on professional, ethical, and personal issues. Supervision is intended to help the intern integrate knowledge and skills with personal values and goals. An important role of the primary supervisor is to foster stability across the internship experience and to help the intern develop the skills and personal maturity necessary for entry-level practice. The Training Supervisor will typically be the intern's first individual supervisor in the year, and will coordinate the on-site supervision at each clinical rotation site. The intern's Training Supervisor is also responsible for working with the intern to establish training goals that are consistent with the mission and resources of the agency and the interests and needs of the intern. The Training Supervisor is the primary link between the internship experience and the intern's academic program. The Training Supervisor may also act as the primary supervisor for most clinical activities, including case conceptualization, diagnosis, treatment planning, and intervention. Interns will receive instruction in a variety of therapeutic modalities including but not limited to brief, solution-focused strategies, crisis intervention, and cognitive-behavioral techniques.

The didactic time typically will consist of educational and professional presentations provided by the agency staff and guest speakers from the community. The presentations are typically case conferences, discussions of treatment protocols for specific disorders, or other types of experiential or learning activities. Interns are required to co-lead at least two group presentations. Interns are invited to suggest training topics and every effort will be made to comply with such requests.

Formal written evaluations are done at a minimum of twice per year by the Internship Training Director and the Intern's Training Supervisor. Rotation supervisors are asked for their feedback and this is included in the evaluation. Successful interns demonstrate critical-thinking, respect for cultural diversity, and good therapeutic boundaries. Evaluations are conducted at mid-year and at the end of the Internship year with copies given to the intern and to their training director.

Many graduate programs request quarterly evaluations. NC DAC is willing to meet any of the evaluation requirements requested by the Intern's school.

INTERNSHIP SITES AND CLINICAL ROTATIONS

Our Pre-Doctoral Internship is one program, but with multiple placement sites in the greater Raleigh, NC area. Interns typically select up to four different placements during the year, giving them an opportunity to vary their clinical experiences. They work in institutional settings of varying degrees of security (i.e., minimum, medium, and close). One placement may be a full year placement. Two placements may be for six months each. An intern will spend four full days a week at clinical placements, usually two days at each of two sites. Throughout the year, the fifth day of each week is reserved for documentation and report writing, formal didactic training, and group supervision (as described above). The following site descriptions are for the sites expected to be available for the 2015-2016 training year. Some of the listed locations may become unavailable, while others may be added. Any changes that occur are due to supervisor hiring and availability.

Central Prison (CP)

Built in 1884, Central Prison is the oldest prison in North Carolina. It is a maximum security facility that houses approximately 800 inmates. The facility is broken up into 5 separate units that each house a unique population (Death Row, Restrictive Housing, Pre-Trial Detainees, Assessment/Diagnostic Center, and General Population). The mental health department is responsible for maintaining the wide diversity of mental health services that is offered to these populations. In addition to individual therapy and assessment the mental health department runs over 20 weekly structured psycho-educational groups that include art therapy, mindfulness, chess, creative writing, and drama.

Attached to the prison is the newly opened Central Prison Healthcare Complex (CPHC). The CPHC is the main hub for the entire department to address both the intensive medical and mental health needs of the entire correctional population of North Carolina. CPHC is divided up into two separate facilities which are the Regional Medical Center and the Inpatient Mental Health Facility. The Regional Medical Center holds a capacity for 122 beds and is designed to meet the community standards in terms of a broad range of medical needs for this population and includes an Urgent Care, Dental, Physical Therapy, and Oncology. The Inpatient Mental Health Center has a bed capacity of 212 beds and is designed to address the severe mental health needs of this population. Built around a treatment team model the facility offers a wide range of psychopharmacology, rehabilitation groups, assessment, intensive individual therapy, and aftercare planning.

Harnett Correctional Institution (HCI)

Harnett Correctional Institution is a medium custody prison located in Lillington, North Carolina. It is a 30-acre prison compound that sits on 198-acre site. Harnett can house up to 988 adult male offenders. HCI has eight housing units divided into 29 separate dormitories. There are 34 single cells used for restrictive housing of inmates. The Outpatient Mental Health Unit at HCI consists of a Psychological Program Manager and two Staff Psychologists. Outpatient Mental Health provides short and long term therapy, group therapy, Risk Assessments, and other psychological assessments/testing when appropriate. Assessment instruments include; MMPI-2, M-FAST, TOMM, RBANS, and D-KEFS. HCI also houses the S.O.A.R. Program. S.O.A.R. was established in 1991 and is an intensive 20 week cognitive-behavioral program teaching men who have committed sexual offenses to take responsibility for their behavior. The Program

is offered twice a year with one session beginning in January, and the other in July. One Psychological Services Coordinator, two Staff Psychologists, and one Contractual Psychologist conduct the program and they are assisted by twelve inmate peer counselors.

Nash Correctional Institution (NCI)

Nash Correctional Institution is a medium custody facility for male offenders with a standard capacity of 512 inmates. The initial prison was built in 1938 and designed as a close custody camp. In 1992, it was re-designed in a campus-style layout with separate buildings for healthcare services, vocational and recreational activities, a restrictive housing unit, warehouse, chapel, 4 housing units, and a dining hall. Inmates have the opportunity to work at two plants run by Correctional Enterprises. The print plant provides much of the printed materials for state government agencies. There is also an optical plant where inmates manufacture eyeglasses for inmate and Medicaid enrollees. Adult Basic Education (ABE), General Equivalency Diploma (GED), Commercial Cleaning, Electrical, Digital Graphic Design, and HVAC classes are available for inmates along with a variety of additional service jobs around the camp.

The Mental Health Unit includes a Psychological Services Coordinator, Staff Psychologist, and two medical records staff. Psychiatry needs are met by a psychiatrist who regularly hosts an on-site psychiatry clinic. The Mental Health Unit provides mental health-related assessments, crisis intervention, triage, outpatient therapy, mental health-related aftercare planning, and specialty evaluations as requested by other disciplines. A Psychological Program Manager provides clinical oversight of Nash's mental health services and a nearby prison for female offenders. The Program Manager also provides individual and group mental health services for male inmates residing at Caledonia Correctional and Odom Correctional Institutions.

Location: Nash Correctional is situated minutes from Rocky Mount, NC which provides a variety of dining and lodging options. It is also a short drive (less than an hour) from the state capital of Raleigh.

Polk Correctional Institution (PCI)

Polk Correctional Institution (PCI, medium/close custody) is a prison with multiple missions. It is located in Butner, NC and serves as a diagnostics and processing center for all felon inmates between the ages of 18 and 25 as well as a "youth camp" to house medium custody inmates ages 18-21 once they have completed processing. Polk has a separate prison within the prison known as HCON which is the only "supermax" prison in the state. There is also a dedicated secure area to house Safekeepers, which are pretrial individuals who have behavioral, medical, or mental health needs which cannot be met by the resources of the County Jails. The Mental Health Unit at Polk consists of a Psychological Program Manager, four Staff Psychologists, three Behavioral Specialists, and one Administrative Assistant. Psychologists at Polk also provide on-call emergency coverage for three other prisons, but this will not be an expectation for interns. Polk provides an opportunity for exposure to a variety of custody and control statuses; a wide range of ages; and long-term therapy as well as in-depth psychological evaluations. Assessment instruments frequently used include; BETA 3 (brief group based IQ derived from original Army BETA), WRAT 4, WAIS-IV, MMPI-2, SASSI-3, SIMS, SIRS, M-FAST, and TOMM.

TRAINING RESOURCES

NC DAC has a wide range of training resources that are available to meet the needs of interns. We have a wealth of printed educational information and video tapes pertinent to issues common to the various populations that are treated. Interns have access to computer facilities for scoring psychological tests and report writing. Time off for relevant training may be granted by the intern's Training Supervisor. Clerical staff assists with scheduling and transcription, and also provide other support functions. Interns have office and computer access with e-mail and internet services.

INTERNSHIP ELIGIBILITY

1. Three years or more of pre-internship training in a regionally or nationally accredited doctoral program in psychology.
2. Completion of at least 1,000 practicum hours
3. Advancement to candidacy for doctoral degree (i.e., completion of Comprehensive exams, completion of all doctoral program course requirements).

STIPEND AND BENEFITS

- \$20,000 annual stipend, paid monthly
- State holidays

For information, e-mail the Internship Training Director, Lewis J. Peiper, Ph.D., at Lewis.Peiper@ncdps.gov

Clinical Rotations/Sites Summary Information**Central Office for Adult Corrections**

831 W. Morgan St.
Raleigh, NC 27603

Facility and Location	Site Supervisor(s)	Training Opportunities
Central Prison 1300 Western Blvd. Raleigh, N.C. 27606	Peter Kuhns, Psy.D.	Inpatient, residential, outpatient, control status, death row
Harnett CI 1210 E. McNeill St. Lillington, N.C. 27546	Stephanie Owens, Ph.D., J.D.	Outpatient, adults, sex offender treatment (SOAR)
Nash CI 2869 US HWY 64A Nashville, NC 27856	Heidi Hawkins, Ph.D.	Outpatient, adults
Polk 1001 Veazey Rd. Butner, N.C. 27509	Lewis J. Peiper, Ph.D.	Outpatient, reception and diagnostics, youth, supermax (HCON)

