

## N.C. Department of Public Safety

#### Division of Adult Correction and Juvenile Justice

FY 2020-2021 Intensive Intervention Services

### **Request for Proposals**

#### **L** Introduction and Scope of Services

The Department of Public Safety, Division of Adult Corrections and Juvenile Justice, Community Programs Section (hereafter, Division) ensures that every community in North Carolina has access to a continuum of services for its juvenile population. With the new Raise the Age Legislation (<u>https://www.ncdps.gov/our-organization/juvenile-justice/key-initiatives/raise-age-nc</u>) an increasingly important piece of the continuum in Juvenile Justice is the intensive intervention services. Intensive intervention services are evidence-based or research-supported community-based or residential services that are necessary for a juvenile in order to (i) prevent the juvenile's commitment to a youth development center or detention facility or (ii) facilitate the juvenile's successful return to the community following commitment.

Gang-involved youth are responsible for a disproportionate share of crime in communities. Successfully tackling gang involvement and associated criminal activities should result in a substantial reduction of crime — including violent crime — in affected neighborhoods. To that end, many programs and strategies have been developed to prevent gang involvement, reduce the criminal activities of gang members, and help individuals disengage from gangs<sup>1</sup>

This RFP aims to impact juveniles adjudicated juveniles ages 10 and up, this includes juveniles who are over the age of 18 up to age 20, may be accepted by intensive intervention services as appropriate for the proposed model. The juveniles under these guidelines targeted for this RFP are those that have been identified as being gang involved in Forsyth and Guilford Counties. Juveniles who are gang involved and showing significant criminalized behaviors require specialized programs, curricula, or targeted interventions that impact their desire or need to be a gang member and helps them safely exit their gang membership and transition into becoming productive members of the community in which they live.

This RFP is targeted to Gang Intervention Programming in Forsyth and Guilford Counties. The programs funded under this RFP will not be those in which the focus is Gang Prevention, but instead, intensive intervention models to serve an already identified gang population. A program may serve one or both counties and may identify specific areas within the county or counties they plan to focus. Priority will be given to fund a program(s) that collaborative work within both targeted counties. Programs that will be funded under this RFP must either:

 Be an evidence-based program that is found promising or proven effective in an appropriate database. Evidence Based Programs are those that have been rigorously tested in controlled settings, proven effective, and translated into practical models that are widely available to community-based organizations. It is also important that the evaluations themselves have been subjected to critical peer review. See: Operation Cease Fire, as an example

OR

2) Be a **program that utilizes best practices or research supported approaches**. This type of program is based on approaches that are known to make an impact on targeted populations or behaviors but have not undergone the same rigorous tests as evidence based programs. For example: combining cognitive behavioral therapy and skill building approaches into a program

Please see Section V. of the RFP for further requirements.

#### II. Service Area

a. The target service area for this RFP is Forsyth and Guilford Counties.

 Mary Carlton, Social Science Analyst, National Institute of Justice, "Functional Family Therapy–Gangs: Adapting an Evidence-Based Program To Reduce Gang Involvement," March 5, 2020, nij.ojp.gov: <u>https://nii.ojp.gov/topics/articles/functional-family-therapy-gangs-adapting-evidence-based-program-reduce-gang</u>

#### <u>III.</u> Eligibility

All applicants must:

- a. Be a public agency or private non-profit organization (14B NCAC 11B.0201),
- b. Submit proposals that clearly align with identified and documented service needs as assessed through the local Juvenile Crime Prevention Council (JCPC) or via collaboration of two or more JCPCs that have established a need for residential and/or non-residential community-based intensive services for the target population, and can provide evidence-based services that can clearly support targeted needs.
- c. Demonstrate a proven track record of implementing residential and/or community-based intensive services for the youth described in this RFP, effective fiscal oversight, and collaboration with juvenile court services,
- d. Demonstrate organizational capacity for fiscal, programmatic, and administrative accountability and the ability to begin operations quickly and efficiently; and
- e. Collaborate with juvenile court services personnel and other community partners to develop 24-hour supervision plans when providing services to all Level III youth and to Level II youth as needed.

NOTE: Level III Youth receiving services on community placement require a 24-hour supervision plan developed by the provider, court services, youth, family, and any other collaborating partners.

#### IV. Funding Period

The funding period for this RFP is April 1, 2021 to June 30, 2021, and contingent upon available funds.

#### <u>V.</u> <u>Proposal Requirements and Submission Process</u>

To be considered for funding, applicants must:

- a. Show that the proposed services meet an identified service need within the proposed geographic area(s) of service delivery to the target population;
- b. Complete and submit an on-line application for Level II Endorsed Funds in NCALLIES no later than 11:59 p.m. on January 29, 2021. The application can be accessed by <u>clicking here</u> and following the directions listed on the webpage
- c. Choose a promising or effective program(s) from:

#### Office of Juvenile Justice and Delinquency Prevention (OJJDP) Model Programs Guide http://www.ojjdp.gov/mpg

or

Office of Justice Programs (OJP) CrimeSolutions.gov http://www.crimesolutions.gov/

or

#### Results First Clearinghouse Database

https://www.pewtrusts.org/en/research-and-analysis/data-visualizations/2015/results-firstclearinghouse-database

or

## Thoroughly demonstrate how proposed services are evidence-supported and reduce recidivism for the targeted population;

#### and

- d. Not for profit organizations must also upload the following documents into NCALLIES by the established due date and time in order for the application to be complete: 1) No Overdue Tax Form; 2) DPS Conflict of Interest Form; 3) Proof of 501(c)(3) status; and 4) Non-profit agency's Conflict of Interest policy.
- e. Host county JCPC electronic letter of approved support or an email offering support from the JCPC Chair (or member of the JCPC executive committee) must be uploaded with original program agreement, prior to awarding of funds if possible;

- Please contact your Area Consultant or Area Office if the applicant is experiencing difficulty with acquiring the letter of support given the state of emergency at the time of this RFP release.
- The letter of support must be uploaded to NCALLIES prior to the disbursement of funding for programs awarded funds and must be uploaded with the final edited Level II Endorsed Funds application in NCALLIES by 11:59 p.m. on January 29, 2021.

NOTE: Letters of support must state, at a minimum, how the proposed services will:

- Address the targeted population,
- Fill a gap in the service delivery continuum within the local community/geographic region, and
- Not duplicate efforts already being undertaken in the local community.
- The Juvenile Crime Prevention Council Chairperson Directory may be found at the following link: <u>Click here</u>.

#### VI. Evaluation

Pursuant to Session Law 2020-83 HB 593 "The Juvenile Justice Section of the Division of Adult Correction and Juvenile Justice of the Department of Public Safety shall report to the Senate and House of Representatives Appropriations Subcommittees on Justice and Public Safety no later than March 1, 2006, and annually thereafter, on the results of intensive intervention services. Intensive intervention services are evidence-based or research-supported community-based or residential services that are necessary for a juvenile in order to (i) prevent the juvenile's commitment to a youth development center or detention facility or (ii) facilitate the juvenile's successful return to the community following commitment. Specifically, the report shall provide a detailed description of each intensive intervention service, including the numbers of juveniles served, their adjudication status at the time of service, the services and treatments provided, the length of service, the total cost per juvenile, and the six- and 12-month recidivism rates for the juveniles after the termination of program services."

Vendors must incorporate the Core Components in Attachment C: Core Components in their response.

#### See Attachment C: Core Components.

#### VII. Review Criteria for Proposals

The Department will review each proposal for:

- a. Evidence-based or best practices and research supported interventions appropriate to the target population proposed
- b. Appropriateness of the program to address the needs of the target population identified
- c. Presentation of a budget that matches the proposed service
- d. Historically meeting and exceeding program goals/measurable objectives when providing services to this population,
- e. Evidence of the agency's capacity to administer a DPS funded program including ability to comply with reporting and accountability requirements in a timely manner, and
- f. Demonstration of community support with cash or in-kind resources, including but not limited to, county appropriations or Medicaid reimbursements. (Proposals that include community cash or in-kind resources in the project budget must include documentation of the intent to provide that support and justification of the value claimed.) NOTE: These funds require no local match.

The Department may consider the following as appropriate:

- a. Programs that meet the program type listed as priority in Attachment B: Priority Services and Definitions may be given priority
- b. The commitment rates or frequency with which the court orders commitment as a disposition for the juveniles served.
- c. The criminogenic needs of the juveniles served.
- d. Programs that target juveniles in rural areas.

- e. Diverse geographical representation across the State.
- f. Programs that utilize collaboration among counties.

See Attachment E regarding data for the identified counties

#### VIII. Selection process

The Department's State Office Review Team will review, and rate proposals based on the information provided in the application and matching requirements of this RFP. The State Office Review Team will present a funding decision to Division management for a final funding approval.

#### IX. Timeline for RFP and Program Implementation

December 29, 2020-January 29, 2021	Request for Proposals Advertised		
	Responses must be submitted electronically through NC Allies by 11:59 pm on January 29, 2021.		
January 29, 2021 <b>By 11:59 p.m.</b>	<u>Host</u> county JCPC electronic letter of approved support or email offering support from the JCPC Chair (or member of the JCPC executive committee) and <u>must be uploaded with original</u> program agreement, prior to awarding of funds if possible;		
	Please contact your Area Consultant or Area Office if the applicant is experiencing difficulty with acquiring the letter of support given the state of emergency at the time of this RFP release. The letter of support <i>must</i> be uploaded to NCALLIES prior to the disbursement of funding for programs awarded funds.		
March 10, 2021	Anticipated notification of funding to applicants.		
March 31, 2021	Revised, edited Program Agreement Application completed in NCALLIES.		
April 1, 2021	Funding begins (contingent upon the completion of the required signatures in NCALLIES)		

#### X. <u>Contact Information</u>

Questions about this RFP should be directed to the DPS Area Consultant assigned to the county where services are being proposed.

See Attachment D: DPS Area Consultant County Assignments.

### **ATTACHMENT A: DPS Area Counties and Judicial Districts**



#### **CLINICAL TREATMENT PROGRAMS**

Programs in which a professional helps a juvenile and/or his or her families solve problems through goal directed planning. It may include individual, group, family counseling or a combination. It may have a particular focus such as sex offender treatment or substance abuse treatment. Services may be community or home based.

### JCPC PROGRAM TYPES

**Counseling:** A treatment technique based on one-on-one (individual) or group meetings with a therapist or counselor focusing on individual psychological and/or interpersonal problems. May include cognitive skills/life skills. Category includes family, individual, and group counseling.

(Length of Stay=Not Specified, Frequency of Contact= no less than every two weeks)

Individual Counseling

#### POSSIBLE SPEP PRIMARY SERVICE CLASSIFICATIONS

For services which may be provided in the above types. Consider the following SPEP service types whether or not the service meets the optimal dosage.

- Individual Counseling (Optimal Target Weeks=25, Optimal Target hours=30)
- Mixed Counseling (Optimal Target Weeks=25, Optimal Target hours=25)

*Could have possible qualifying Supplemental Service of Behavioral Contracting/Management*Cognitive Behavioral Therapy (Optimal Target Weeks=15, Optimal Target hours=45)

Group Counseling

#### POSSIBLE SPEP PRIMARY SERVICE CLASSIFICATIONS

For services which may be provided in the above types. Consider the following SPEP service types whether or not the service meets the optimal dosage.

- Group Counseling (Optimal Target Weeks=24, Optimal Target hours=40)
- Mixed Counseling (Optimal Target Weeks=25, Optimal Target hours=25)

Could have possible qualifying Supplemental Service of Behavioral Contracting/Management

• Cognitive Behavioral Therapy (Optimal Target Weeks=15, Optimal Target hours=45)

#### **Family Counseling**

#### POSSIBLE SPEP PRIMARY SERVICE CLASSIFICATIONS

# For services which may be provided in the above types. Consider the following SPEP service types whether or not the service meets the optimal dosage.

- Family Counseling (Optimal Target Weeks=20, Optimal Target hours=30)
- Family Crisis Counseling (Optimal Target Weeks=4, Optimal Target hours=8)
- Cognitive Behavioral Therapy (Optimal Target Weeks=15, Optimal Target hours=45)

**Home Based Family Counseling:** Provides short term, intensive services focusing on family interactions/dynamics and their link to delinquent behavior. Involves the entire family and is typically conducted in the home. May also include the availability of a trained individual to respond by phone or in person to crisis. The goal is to prevent delinquent and undisciplined behavior by enhancing family functioning and self-sufficiency.

(Length of Stay=six weeks to nine months, Frequency of Contact= at least three hours weekly)

#### POSSIBLE SPEP PRIMARY SERVICE CLASSIFICATIONS

For services which may be provided in the above types. Consider the following SPEP service types whether or not the service meets the optimal dosage.

- Family Counseling (Optimal Target Weeks=20, Optimal Target hours=30)
- Family Crisis Counseling (Optimal Target Weeks=4, Optimal Target hours=8)
- Mixed Counseling (Optimal Target Weeks=25, Optimal Target hours=25)

Could have possible qualifying Supplemental Service of Behavioral Contracting/Management

#### STRUCTURED ACTIVITIES PROGRAMS

Any non-residential program that provides a structured service plan of learning for the purpose of improving an individual's identified need(s) and with the purpose of improving the juveniles' (or parent's) skills or expanding their knowledge in a particular area, or enhancing academic performance.

### JCPC PROGRAM TYPES

**Mentoring:** Provides opportunities for adult volunteers to be matched with delinquent or at-risk youth on a one-on- one basis. The mentor is an individual providing support, friendship, advice, and/or assistance to the juvenile. After recruitment, screening and training, the mentor spends time with the juvenile on a regular basis engaged in activities such as sports, movies, helping with homework, etc.

(Length of Stay= Minimum 1 year, Frequency of Contact= should average 2 hours per week)

#### POSSIBLE SPEP PRIMARY SERVICE CLASSIFICATIONS

For services which may be provided in the above types. Consider the following SPEP service types whether or not the service meets the optimal dosage.

- Mentoring (Optimal Target Weeks=26, Optimal Target hours=78) Could also have possible qualifying Supplemental Service of Behavioral Management
- Behavioral contracting; contingency management (Optimal Target Weeks=24, Optimal Target hours= 72) The total programming structure and activities of the program are all tied into a behavior management environment which consists of earning points or tokens to achieve previously set goals. A behavior management classification should not be given to programs which merely use periodic rewards or incentives to increase motivation. *Could also have possible qualifying Supplemental Service of Mentoring, Mixed Counseling, or Remedial Academic Program*

**Parent/Family Skill Building:** Services that focus on interactional or interpersonal issues faced by a parent(s)/family of a juvenile. This service works to develop parenting skills, communication skills, discipline techniques, and other related skills. May include sessions for parents only and/or sessions for parents and their child(ren).

#### POSSIBLE SPEP PRIMARY SERVICE CLASSIFICATIONS

## For services which may be provided in the above types. Consider the following SPEP service types whether or not the service meets the optimal dosage.

(Length of Stay= Minimum 12 weeks unless implementing a model program & following model specifications, Frequency of Contact= no less than 2 hours weekly)

• Social Skills Training (Optimal Target Weeks=16, Optimal Target hours=24)

**NOTE:** If ONLY parents are the recipients of this service then it cannot be SPEP classified. If the service includes the parent and child, drill down to see if the service is a Social Skills Training service or a Family Counseling service.

**Interpersonal Skill Building**: Services that focus on developing the social skills required for an individual to interact in a positive way with others. The basic skill model begins with an individual's goals, progresses to how these goals should be translated into appropriate and effective social behaviors, and concludes with the impact of the behavior on the social environment. Typical training techniques are instruction, modeling of behavior, practice and rehearsal, feedback, reinforcement. May also include training in a set of techniques, such as conflict resolution or decision making, that focus on how to effectively deal with specific types of problems or issues that an individual may confront in interacting with others.

(Length of Stay= Minimum 12 weeks unless implementing a model program & following model specifications, Frequency of Contact= no less than 2 hours weekly)

#### POSSIBLE SPEP PRIMARY SERVICE CLASSIFICATIONS

## For services which may be provided in the above types. Consider the following SPEP service types whether or not the service meets the optimal dosage.

- Social Skills Training (Optimal Target Weeks=16, Optimal Target hours=24)
- Cognitive Behavioral Therapy (Optimal Target Weeks=15, Optimal Target hours=45)
- Behavior management (Optimal Target Weeks=24, Optimal Target hours=72) The total programming structure and activities of the program are all tied into a behavior management environment which consists of earning points or tokens to achieve previously set goals. A behavior management classification should not be given to programs which merely use periodic rewards or incentives to increase motivation.

Could also have possible qualifying Supplemental Service of Mentoring, Mixed Counseling, or Remedial Academic Program

**Experiential Skill Building:** Services that provide opportunities to juveniles using activities to develop skills. The activities may be highly related to the acquisition of the skill (i.e. Independent living skills training taught by having juveniles practice life skills such as laundry, washing dishes, balancing a checkbook) or may include adventure activities (such as rock climbing, rafting, backpacking, etc.) aimed at increasing self-esteem and building interpersonal skills to promote more appropriate behavior.

(Length of Stay= Minimum 12 weeks unless implementing a model program & following model specifications, Frequency of Contact= no less than 2 hours weekly)

#### POSSIBLE SPEP PRIMARY SERVICE CLASSIFICATIONS

# For services which may be provided in the above types. Consider the following SPEP service types whether or not the service meets the optimal dosage.

• Challenge Programs (Optimal Target Weeks = 4, Optimal Target hours=60)

Could also have possible qualifying Supplemental Service of Group Counseling

**Vocational Development:** The overall emphasis focuses on preparing the juvenile to enter the work force by providing actual employment, job placement, non-paid work service (non-restitution based), job training or career counseling. These programs provide training to juveniles in a specific vocation, career exploration or career counseling, and/or job readiness.

(Length of Stay= Minimum 12 weeks unless implementing a model program & following model specifications, Frequency of Contact= no less than 2 hours weekly)

#### POSSIBLE SPEP PRIMARY SERVICE CLASSIFICATIONS

## For services which may be provided in the above types. Consider the following SPEP service types whether or not the service meets the optimal dosage.

• Vocational Counseling (Optimal Target Weeks=25, Optimal Target hours = 40)

*Could also have possible qualifying Supplemental Service of Remedial Academic Services* Job Training (Optimal Target Weeks=25, Optimal Target hours=400)

*Could also have possible qualifying Supplemental Service of Remedial Academic Services* Job Placement (Optimal Target Weeks=26, Optimal Target hours=520)

Could also have possible qualifying Supplemental Service of Remedial Academic Services

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### **ATTACHMENT C: Core Components**

- 1. Defined protocol for program services and delivery. In Section IV, #8 Intervention/Treatment of the program application, the applicant must briefly describe either a manual or protocol that designates the method and manner of service delivery including the suggested number of sessions, content, and flow. Evidence of the said manual, or protocol, may include: treatment/intervention outline, curriculum, workbook/instructor's manual, lesson plan(s), or, a script. Individual Service/Treatment Plans are expected to show evidence of involvement of the juvenile and family in planning and are to include the client-specific concerns to be addressed, the intervention strategies to be utilized by the program staff to address those issues, and the planned/recommended frequency/duration of contact. Interventions, strategies, curriculum, frequency and duration should clearly be consistent with the manual/protocol.
- 2. Staff Training. The applicant must comply with JCPC Policy and Procedure requirements, which are specific to the program type of services being delivered, in regard to staff and volunteer orientation and training. Direct program service staff are to possess the necessary training requirements that include licenses when applicable, degrees, credentials, and certifications required for this program type. Training sessions in program service delivery, clinical supervision when applicable, case staffing and/or consultation sessions are to be documented and maintained.
- **3. Internal Program Monitoring and Corrective Action.** In Section IV. #9 Best Practice Model of the program application, the applicant must briefly describe an established process by which a specified staff member monitors the delivery of program services for the purpose of examining how closely actual implementation matches the model/protocol. Deviations from the model/protocol are to be addressed through written corrective actions. All Corrective Action findings are to be specified in writing, monitored, documented, and addressed accordingly.
- **4. Staff Evaluation**. In Section IV. #9 Best Practice Model of the program application, the applicant must briefly describe how staff will be evaluated on a specified schedule for compliance with the program/JCPC policies and model/protocol. Staff development plans are to be documented and implemented to address deviations and violations of program policies, models, or protocols. Overall work performance is to be formally and specifically appraised. Areas of improvement are to be identified including the knowledge, skills, and abilities necessary for enhancing program service delivery including, but not limited to, customer service.
- **5. Program Effectiveness.** In Section IV. #9 Best Practice Model of the program application, the applicant must briefly describe program protocol for determining and evaluating the effectiveness of its delivery of program services with all accepted referrals. This protocol must include a standardized approach for collecting, maintaining, and sharing effectiveness data.

## ATTACHMENTD: DPS Area Consultant County Assignments

Western and Piedmont Areas – Lead Consultant
June Ward
2090 US Highway 70, Swannanoa, NC 28778
Courier Box: 12-59-05
O: 828-296-4745
C: 828-231-4719
F: 828-296-4750
Rich Smith
Rich.Smith@ncdps.gov
O: 704-603-6833
C: 704-787-0272
County: Forsyth
Ronald Tillman
Ronald.Tillman@ncdps.gov
O: 704-603-6833
C: 980-330-9716
County: Guilford

## Attachment E: Data for Forsyth and Guilford County

FY 19-20 Risk Assessment Data for Forsyth and Guilford
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	Guilford	Forsyth	State
Risk Assessment Question	2019-20	2019-20	Avg
		2010 20	2019-20
Age when first delinquent offense alleged in a complaint			
Age 12 or over or no delinquent complaint	90.1%	85.5%	86.1%
Under 12	10.0%	14.5%	13.9%
Number of undisciplined or delinquent referrals to Intake			
Current referral only	48.1%	52.8%	57.4%
1 Prior	17.9%	16.8%	18.2%
2-3 Prior	15.9%	14.1%	13.8%
4+ Prior	18.1%	16.3%	10.5%
Most serious prior adjudication(s)			
No Prior	66.8%	76.6%	73.8%
Prior Undisciplined	0.9%	0.5%	2.6%
Prior Class 1-3	13.4%	10.4%	13.5%
Prior Class F-I Felonies or A1 misdemeanors	15.2%	11.6%	8.8%
Prior Class A-E felonies	3.7%	0.9%	1.3%
Prior Assaults			
No assaults	76.1%	78.7%	79.4%
Involved in an affray	3.3%	6.6%	3.6%
Yes, without weapon	14.4%	9.5%	13.1%
Yes, without weapon, inflicting serious injury	2.3%	1.1%	1.4%
Yes, with a weapon	3.2%	2.7%	2.1%
Yes, with weapon inflicting serious injury	0.6%	1.4%	0.5%
Runaways			
No	74.5%	75.3%	83.1%
Yes	25.5%	24.7%	16.9%

Known use of alcohol or illegal drugs past 12 months			
No known substance use	58.0%	59.4%	65.1%
Some substance use, need for further assessment	27.4%	26.8%	22.8%
Substance abuse assessment and/or treatment needed	14.5%	13.8%	12.1%
School behavior problems during the past 12 months			
No problems	33.2%	22.9%	22.0%
Minor problems	7.1%	9.5%	8.7%
Moderate problems	17.0%	25.2%	24.3%
Serious problems	42.7%	42.4%	45.1%
Peer relationships			
Peers usually provide good support and influence	32.7%	29.9%	39.6%
Youth is rejected by pro-social peers or Youth sometimes associates with other who have been involved in delinquent/criminal activity	38.5%	34.0%	39.1%
Youth regularly associate with others who are involved in delinquent/criminal activity	21.8%	20.9%	15.5%
Youth is a gang member or Youth associates with gang members	7.0%	15.2%	5.8%
Parental supervision			
Parent, guardian or custodian willing and able to supervise	90.3%	89.1%	86.2%
Parent, guardian or custodian willing but unable to supervise	8.8%	8.8%	12.3%
Parent, guardian or custodian unwilling to supervise	0.9%	2.0%	1.5%

District	County	FY 16-17 Distinct Juveniles with a Level II Disposition	FY 17-18 Distinct Juveniles with a Level II Disposition	FY 18-19 Distinct Juveniles with a Level II Disposition
21	Forsyth	69	68	56
18	Guilford	121	112	91

### FY 16-17, FY 17-18, FY 18-19 Distinct Juveniles with a Level II Disposition

FY 18-19, FY 19-20 Commitments to YDC, Detention Admissions, and Distinct Juveniles

County	FY 18-19 Commitments by County	FY 19-20 YTD Commitments by County	FY 18-19 Detention Admissions by County	FY 19-20 YTD Detention Admissions by County	FY 18-19 Distinct Juveniles Detained by County	FY 19-20 YTD Distinct Juveniles Detained by County
Forsyth	4	4	91	57	56	39
Guilford	16	14	167	155	119	115