# NORTH CAROLINA QUALIFICATIONS RECORD FOR

# **AIR CREW MEMBER**



Task Book for the position of

# **Helicopter Rescue Technician**

TASK BOOK ASSIGNED TO:

TASK BOOK INITIATED BY:

### DATE:

The material contained in this book accurately defines the performance expected of the position for which it was developed. This task book is approved for use as a position qualification document in accordance with the instructions contained herein.

# **NORTH CAROLINA**

# SEARCH AND RESCUE

VERIFICATION/CERTIFICATION OF COMPLETED TASK BOOK

### FOR THE POSITION OF

# HELICOPTER RESCUE TECHNICIAN

## FINAL EVALUATOR'S VERIFICATION

I verify that all tasks have been performed and are complete with signatures. I also verify that

has performed as a trainee and should therefore be considered for certification in this position.

Evaluator's signature and date

Evaluator's printed name, title, and duty assignment

North Carolina Certification

I certify that all requirements for qualification in this portion have been met and that such qualification has been issued.

Certifying Official's signature and date

Certifying Official's printed name, title, and duty assignment

#### AIR CREW MEMBER TRAINEE TASK BOOK

The Position Task Book (PTB) lists the performance requirements (tasks) for the specific position in a format that allows a trainee to be evaluated against written guidelines. Successful performance of all tasks, as observed and recorded by an evaluator, will result in a recommendation to the agency that the trainee be certified in that position.

Evaluation and confirmation of the individual's performance of all the tasks may involve more than one evaluator and will occur in classroom and field simulation. Designated PTB's require position performance during which the majority of required tasks are demonstrated in a structured classroom and/ or field scenario setting. Performance of these tasks on other types of incidents are NOT qualifying. It is important that performance be critically evaluated and accurately recorded by each evaluator. All tasks must be evaluated. All bullet statements within a task which require an action (contain an action verb) must be demonstrated before that task can be signed off.

#### AGENCIES RESPONSIBILITIES:

NCARNG and NCEM will be responsible for:

- Selecting trainees based on the needs of the NCEM Branch and/or the geographic area.
- Ensuring that the trainee meets the training and experience requirements included in the pre-requisites and maintenance listed below.
- Issuing PTBs to document task performance.
- Explaining to the trainee the purpose and processes of the PTB as well as the trainee's responsibilities.
- Providing opportunities for evaluation.
- Providing an evaluator.
- Tracking progress of the trainee.
- Confirming PTB completion.
- Determining certification per policy.
- Issuing proof of certification.

#### HELICOPTER RESCUER TRAINEE

The Helicopter Rescuer Task Book lists every requirement that will be evaluated. Each trainee's performance will be observed and recorded by an evaluating instructor. The evaluating instructor will determine if the trainee has successfully met the performance standards for the modules and should be recommended for primary Rescuer status.

#### (A) **Pre-Requisites:**

To qualify as a Helicopter Rescuer Trainee, the applicant shall satisfy the following criteria:

- A minimum of SRT 1, SRT- A, or equivalent, and an NFPA1006 Surface Water Technician.
- A minimum of NFPA 1006 Rope Technician.
- A minimum of EMT-B
- Haz-Mat Operations with decon training.
- Belong to a North Carolina accredited USAR or Swiftwater Rescue team.
- Recommendation from the sponsoring agency
- Successfully passed their agency's physical fitness requirements during the past year.
- Able to swim 300m. unaided in 8 minutes.
- Must be able to tread water for 20 min.
- Approval from the NCARNG and NCEM

#### Applicant Responsibilities:

- (1) Documentation of prior rescue experience shall be submitted with contact information for the lead instructor, or agency coordinator, for verification purposes.
- (2) Review and understand materials in the Helicopter Standard Operating Procedures (SOP) and/or Standard Operating Guidelines (SOG), student manual, site requirements, and equipment standards.
- (3) Satisfactorily complete all Rescuer maintenance requirements.
- (4) Ensure that information in the Helicopter Rescuer Trainee Task Book is accurately recorded and maintained.
- (5) Notify NCEM when the PTB is completed and provide a copy for review.

Maintain and file the Helicopter Rescuer Trainee Task Book with their other personal or career records.

#### HELICOPTER RESCUE EVALUATING INSTRUCTOR

- (A) Responsibilities:
  - (1) Must be qualified to complete PTB entries based on the approval of the NCARNG and NCEM.
  - (2) Explain to the trainees the purpose of, and process for completing, the Helicopter Rescuer Trainee Task Book.
  - (3) Explain to the Rescuer trainees their responsibilities.
  - (4) Accurately evaluate and record in the Helicopter Rescuer Trainee Task Book all course requirements completed by the Rescuer Trainees. Satisfactory performance shall be documented by dating and initialing completion of the task. Unsatisfactory performance shall be documented in the Evaluation Record.
  - (5) Signing the verification statement inside the front cover of the PTB when all tasks have been initialed.

#### MAINTAINING THE HELICOPTER RESCUER POSITION

To maintain the position of a Helicopter Rescuer, the member shall satisfy the following criteria:

(a) Helicopter Rescue Training

Successfully complete NCARNG and NCEM Helicopter Rescuer Indoctrination Training Program.

- (b) Completion of annual performance review to include:
  - A fit for duty physical.
  - Dunker and HEED
  - Water deployment
  - Rappel
  - Short-haul and Hoist
  - Litter rigging
  - Short-haul device rigging
  - Night operations and emergency procedures
- (c) Obtain certification from NCOEMS as at least an EMT-B.
- (d) Approval: Must receive approval from the NCARNG and NCEM.
- (e) Complete PTB.

#### INSTRUCTIONS FOR COMPLETING THE TASK BOOK

The Air Crew Member Trainee Task Book allows the evaluating instructor to record a trainee's performance for both daylight and nigh time job tasks. These evaluations are made by observing the trainee's participation in the classroom and their manipulative performance techniques at each skill station.

#### Example Evaluation Sheet

INSTRUCTO ROPE OPER		Evaluating Inst. Initials	Evaluating Instructor Comments	Date
	Course Objectives & Overview	KI	Good style and intro	10/12/2004
Rescue Rope	& Related Equipment			
-	Rope and Rope Construction	jug	Completed	10/12/2004
	Rescue Equipment	jung	Good explanations of use	10/12/2004
Skill	• Properly Inspect Rope for use.	KL	Completed	10/12/2004
Skill	• Identify advantages and disadvantages of all NCARNG helicopter rescue equipment.	KI	Watch for confusing terminology - rescuecender vs- progress capture device	10/12/2004
Knots				
	Rescue Knots			10/12/2004
Skill	• Demonstrate how to tie, safety (if required), and dress all Knots and Hitches. In addition, describe the proper use, strengths, advantages and disadvantages of each knot and/or hitch.	jwg	Well done. Clear explanations and demo.	10/12/2004

#### HELICOPTER RESCUE TECHNICIAN APPLICANT CHECK-OFF SHEET

DATE	•
NCEM SEARCH AND RESCUE COORDINATOR:	
· · ·	Date Completed
CAR	
d as required	
	NCEM SEARCH AND RI COORDINATOR:

Name:

Assignment:

The above named applicant has successfully completed the Helicopter Rescuer Trainee Application process; as a result, I certify that the Rescuer applicant:

P = successfully performed all tasks and should be considered for Rescuer trainee status.

O= was not able to complete certain tasks (comments below) and additional guidance is required.

Date

Evaluator's Signature

Transition Module		Evaluating Inst. Initials	Evaluating Instructor Comments	Date
Introduction				
Lect.	Course Objectives & Overview			
Lect.	Flight Crew Roles & Responsibilities			
Lect.	Cockpit Resource Management & Aeronautical Decision making			
Aviation Survival				
Lect.	Post Crash Survival			
	Water Survival Skills			
Skill	Complete Dunker exercise w/ flight gear			
Skill	• Complete Dunker exercise w/ swimmer ppe			
Skill	Complete HEEDS / HABD orientation			
Skill	• Demonstrate survival float / tread water for 10 min.			
	Land Survival Skills			
Skill	• Explain use of signaling materials in the a/c survival kit			
Skill	• Demonstrate the safe use of pyrotechnic signals included in the a/c survival kit			
Skill	• Demonstrate basic direction finding (Daylight and Night)	E.		
Knots				
	Rescue Knots			
Skill	• Demonstrate how to tie, safety (if required), and dress all required Knots and Hitches. In addition, describe the proper use, strengths, advantages and disadvantages of each knot and/or hitch.			
Anchors				
Lect.	Anchors			
Skill	• Explain the importance of angles and forces applied to multi-point anchors.			
Skill	Tie a Tensionless anchor			
Skill	Tie a Single-point anchor using anchor strap	SY		
Skill	• Tie a Single-point anchor using Wrap-3, Pull-2	-		
Skill	• Tie a Single-point anchor using Figure-eight follow through			
Skill	• Tie a 2 – point anchor system (explain the angles)			
Skill	• Tie a 3 – point anchor system (explain the angles)			
Belays				
Lect.	Belays			
Skill	• Apply and utilize a münter hitch belay w/ prussik			
Skill	Construct and use a load-release hitch			
Rappelling				
Lect.	Helicopter Rappelling			
	Rappelling Skills Station			
Skill	Conduct a pre-rappel safety inspection			
Skill	Demonstrate rappel deployment hand signals			
Skill	Explain rappel deployment sequence of events			
Skill	Demonstrate safe helicopter rappel deployment with     a medical pack			
Skill	Demonstrate fouled rappel emergency procedures.	1		

RESCUER TRAINER	י <b>נ</b> י גע	Evolucting	Evoluating Instructor	
<b>Transition Module</b>		Evaluating Inst. Initials	Evaluating Instructor Comments	Date
Patient Packaging- Re	escue Litters			
	Land			
Skill	• Demonstrate packaging a patient for short-haul using a Bauman bag			
Skill	Demonstrate proper rescuer attachment and positioning for short-haul			
Skill	• Demonstrate appropriate hand signals during short- haul extraction			
	Water			
Skill	• Demonstrate packaging a patient for short-haul using a LSC water litter (5 min max time)			
Skill	Demonstrate proper rescuer attachment and positioning for short-haul			
Skill	• Demonstrate appropriate hand signals during short- haul extraction			
	Trees	77		
Skill	Demonstrate safe access procedures for survivors located in trees			
Skill	Demonstrate securing survivor using Cinch Collar			
Skill	Demonstrate securing survivor using STROP	N		
Skill	Demonstrate securing survivor using Hanson Harness	91		
Short-Hauls				
Lect.	Short-Haul Operations	-6× 100		
	Short-Haul Skills Station			
Skill	Assist Crew Chief with aircraft rescue rigging	Ser MI		
Skill	<ul> <li>Demonstrate use of communication system to short- haul rescuer (includes comm check)</li> </ul>			
Skill	<ul> <li>Communicates with CC with appropriate size up and an access/egress update.</li> </ul>			
Skill	<ul> <li>Maintains situational awareness &amp; conducts 360 degree hazard scan.</li> </ul>			
Skill	<ul> <li>Demonstrate safe extraction of survivor with Cinch Collar / STROP</li> </ul>			
Skill	Demonstrate safe extraction of survivor with LSC water litter			
Skill	Demonstrate safe extraction of survivor with     Bauman Bag			
Skill	Demonstrate safe extraction of survivor from trees			
Skill	Demonstrate fouled short-haul emergency     procedures			

Transition Module Rescue Swimmer Deployment		Evaluating Inst. Initials	Evaluating Instructor Comments	ctor Date
Lect.	Low & Slow Swimmer Deployment (Free Delivery)			
	Swimmer Deployment			
Skill	Conduct a pre-jump safety inspection			
Skill	<ul> <li>Explain swimmer deployment sequence of events / hand signals</li> </ul>			
Skill	• Demonstrate safe deployment as rescue swimmer			
	Swimmer Skills			
Skill	Demonstrate in-water contact rescue techniques with non-compliant victim			
Skill	Demonstrate in-water spinal immobilization techniques			
Skill	<ul> <li>Demonstrate surface swimmer search techniques using mask &amp; snorkel</li> </ul>			
Skill	• Demonstrate the ability to safely enter and exit a variety of still water boats (ski, pontoon, etc)			
Skill	<ul> <li>Demonstrate a towed victim swim with mask / fins / snorkel for at least 30 meters</li> </ul>			

Additional / Make-up Assignments:

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IN FLIP		

RESCUER TRAINEE:	LEAD INSTRUCTOR:	SITE / CLASS:
NCEM EVALUATOR		
Name:		
Position:		
Phone:		
The above named Helicopter Rescue trainee performed under my supervision. As a result, I propose that the		aled and dated by me
Successfully performed all tasks and should be	considered for Helicopter Rescuer qualif	ication.
Not all tasks were evaluated on this assignment evaluation.	ent and an additional assignment is ne	eded to complete the
The individual is severely deficient in the perforn	nance of tasks for the position and must	complete additional
training as referenced below prior to further assign	ment as a trainee.	
Date Evaluator's Signature		
COMMENTS:	A CONTRACTOR	
ART	C LAND	
KI IN-	L Sold	
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1007	IN FLIGH	

#### HELICOPTER RESCUE TECHNICIAN LOG SHEET

<b>RESCUER:</b>	DATE OF INITIAL QUAL	IFICATION:	
ASSIGNMENT:			
DATE	SUBJECT	Con Ed HOURS	INITIAL HOURS
	AL CARO		
	NA NEC		
	IN FL		