



*State of North Carolina
Department of Public Safety
Prisons*

Chapter: M
Section: .1000
Title: Packouts
Issue Date: 06/01/2020
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POLICY AND PROCEDURE

.1001 PURPOSE

All offenders, including those on work crews, should receive proper nutritious meals served under safe and sanitary conditions. Components of packouts shall be prepared according to the Food Management System (FMS) packout menus.

.1002 MENUS

Established packout menus will be available through the FMS include work packouts, transfer packouts, breakfast packouts, vegan packouts, therapeutic diet packouts, and kosher packouts. Construction Apprenticeship Program (CAP) packout is currently not listed in FMS, but information of contents is listed below.

.1003 INDICATIONS

- (a) Work packouts will be provided for offenders in work-related jobs such as; community work squads, work release, road squads, and work crews. A lacto-ovo vegetarian choice is available for offenders who request a non-meat entrée via the DC-883.
- (b) Transfer packouts will be provided for transferring offenders traveling more than sixty (60) miles from their originating facility. Offenders transferring to facilities less than sixty (60) miles from their originating facility shall not receive a packout.
- (c) Breakfast packouts will be provided for offenders leaving the facility prior to meal preparation. Whenever possible the offender should receive the breakfast meal. Breakfast packouts should be consumed at receipt.
- (d) Vegan and kosher packouts will be provided for offenders who meet the requirements for packouts and have a current approved DC-883 Menu Accommodation Request on file.
- (e) A therapeutic diet packout will be provided for offenders who meet the requirements for packouts and have current therapeutic diet orders.
- (f) CAP packouts will be provided for offenders assigned to the Construction Apprenticeship Program that are on a regular diet where a hot meal in the dining room cannot be provided. CAP packouts include five (5) sandwiches two (2) prepackaged meat sandwiches and three (3) non-meat sandwiches such as peanut butter, or slice cheese, a baked dessert and one piece of fresh fruit. Offenders who are in CAP and on a religious menu accommodation menu may receive five (5) peanut butter sandwiches with transfer fruit bar and fresh fruit. Those being provided a hot meal in lieu of a CAP packout will also be provided a morning

snack of a piece of fruit or dessert and an afternoon snack of a non-meat sandwich. CAP offenders on therapeutic diets will continue to receive their packout from their current diet order. The additional calories adjustments have already been included in their recommended diet orders by a Registered Dietitian.

- (g) All packouts, except the transfer packouts, shall be served in brown paper bags and transported in NSF approved insulated containers with ice packs. Transfer packouts shall be served in white paper bags for easy identification.
- (h) Packouts shall not be provided as a treatment for hypoglycemic offenders. Refer to nursing protocols for offenders with hypoglycemic episodes.



Commissioner of Prisons
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June 1, 2020
Date