



*State of North Carolina  
Department of Public Safety  
Prisons*

Chapter: M  
Section: .3400  
Title: Nutraloaf  
Issue Date: 06/01/2020  
Supersedes: 04/01/2013

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**POLICY AND PROCEDURE**

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**.3401 PURPOSE**

The purpose of this policy is to establish procedures for Nutraloaf in the North Carolina Department of Public Safety, Prisons, Food and Nutrition Management Department.

**.3402 POLICY**

Nutraloaf is a nutritionally balanced loaf-style form of nourishment that may be utilized, in conjunction with other behavior modification tools, to address offenders in restrictive housing who display disruptive behavior as defined in the Division of Prison Policy and Procedure Manual, Section F.3200, "Special Management Meals".

Nutraloaf is a meatless meal and contains no pork products. The meal is low fat, low cholesterol, moderate sodium, and high in fiber.

**.3403 PROCEDURES**

- (a) Once the offender has been approved for placement on the Nutraloaf meal, Food Management staff will be notified by viewing the IS72 Special Management Meal Roster by Facility screen or the ISS 11 Special Management Meal Report.
- (b) Food Management staff shall check the Special Management meal list for their facility prior to each meal to ensure they have an accurate list.
- (c) The special management meal is to be served at the same time as the regular offender meals, not to exceed a fourteen (14) hour interval between the dinner and breakfast meals.
- (d) No offender will be involved in the preparation and/or service of the special management meal. Staff will prepare and serve the meals.
- (e) To ensure nutrition adequacy each loaf shall be prepared, without deviation, from the recipe found in the Food Management System (FMS).
- (f) Loaves may be pre-prepared, wrapped in plastic and refrigerated. If the loaves will not be used within twenty-four (24) hours they should be frozen.
- (g) Frozen loaves shall be thawed in the refrigerator and reheated at 325 degrees F for approximately thirty (30) minutes or until the loaf reaches an internal temperature of 165 degrees F.
- (h) Loaves may not be kept frozen for more than thirty (30) days from the date of preparation.

- (i) Frozen loaves must be kept in a secure container while stored in the refrigerator and/or freezer.
- (j) Offenders on special management meal status will be served three (3) loaves per day, one at each meal time. One 8oz carton of milk will be served with each meal.
- (k) The meal shall be prepared and served in a sanitary manner.
- (l) The meal shall be wrapped in baking paper and placed in a paper bag.
- (m) The meal shall be served without utensils.
- (n) Offenders approved for the kosher diet may be placed on Nutraloaf. Offenders approved for the vegan diet placed on Nutraloaf shall have loaves prepared with bananas as a substitute for eggs. Vegan offenders shall receive soy milk.



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Commissioner of Prisons  
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June 1, 2020  
Date