



*State of North Carolina  
Department of Public Safety  
Prisons*

Chapter: M  
Section: .1100  
Title: Nutritional Management of  
Offenders for Risk of Self Injury  
Issue Date: 06/01/2020  
Supersedes: 04/01/2013

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**POLICY AND PROCEDURE**

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**.1101 PURPOSE**

The purpose of this policy is to establish guidelines for the nutritional management of offenders identified as at risk for self-injurious behavior (SIB).

**.1102 POLICY**

It is the policy of the North Carolina Department of Public Safety (NCDPS), Prisons that all offenders identified as at risk for self-injurious behavior continue to receive meals that meet their nutritional requirements and, when applicable, are in compliance with their medical nutrition therapy guidelines and/or their approved religious menu accommodations.

**.1103 PROCEDURES**

Offenders placed on Self-Injury Precautions status by mental health staff shall be served meals without standard utensils. A security utensil, Ecotensil, will be provided with meals. For offenders on Self-Injury Precautions, a chicken patty will be substituted when bone-in chicken is offered on the menu. No other diet modifications are authorized for offenders on Self-Injury Precautions without UR approval.

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Commissioner of Prisons

M.1100\_06\_01\_20

June 1, 2020

Date