



**PRISONS**  
**Health and Wellness Services**  
**Policies and Procedures**

<b>Title</b>	<b>Offender Health Education / Health Promotion</b>			
<b>Section</b>	PE-2	<b>Issue Date</b> August 9, 2021	<b>Supersedes Date</b> October 2014	

**References**

**Performance-Based Standards and Expected Practices for Adult Correctional Institutions, 5<sup>th</sup> Edition 5-6A-20;**

**I. PURPOSE**

To provide offenders with patient health and wellness education information to assist them in becoming more knowledgeable of healthy living and to improve their overall health.

**II. POLICY**

- (a) Health and Wellness staff shall provide patient education materials that are appropriate to the level of understanding of the offender.
- (b) The Patient Education Committee is responsible for reviewing, developing and making available patient education materials.

**III. PROCEDURE**

- (a) Educational materials shall be provided either verbally, written and/ or visual (videos, models, diagrams).
- (b) Health and Wellness staff shall document in the patient health care record patient education provided, the method used and patient’s understanding of education provided.
- (c) Education materials may be found on the Prison Health and Wellness Nursing Patient Education webpage [https://internal.doc.state.nc.us/dop/nursing\\_services\\_patienteducation.htm](https://internal.doc.state.nc.us/dop/nursing_services_patienteducation.htm) and the Electronic Health Record – HERO.

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Todd E. Ishee  
Commissioner of Prisons

August 9, 2021  
Date